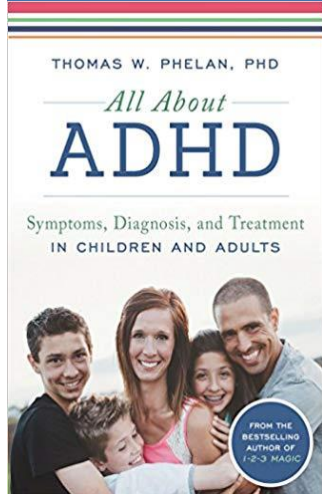


CAN I TELL YOU ABOUT ADHD?

Meet Ben – a young boy with ADHD. Ben invites readers to learn about ADHD from his perspective. He helps children understand what it means to have ADHD and describes what it is and how it feels. Ben explains how he was diagnosed and what he has learnt about ways to relieve his ADHD symptoms, and how friends and adults can help at home and school.

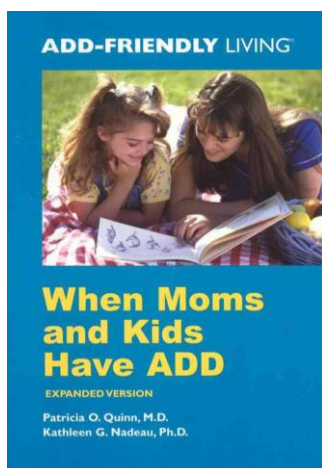
This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and professionals working with children with ADHD. It is also an excellent starting point for family and classroom discussions



ALL ABOUT ADHD – A FAMILY RESOURCE FOR HELPING YOUR CHILD SUCCEED WITH ADHD

Raising a child with attention-deficit/hyperactivity disorder comes with its own set of challenges and rewards. As a parent of a child with ADHD, you'll want to understand why your child struggles with social and behavioral rules that come easily to other children, as well as come to terms with your child's diagnosis and work with professionals to design an effective treatment plan. Written in easy-to-understand language and covering all aspects of the disorder, this book walks parents through every step of the journey and provides specific examples, tips, and advice for parents striving to help their child with ADHD succeed.

This in-depth guide describes: the basic symptoms of ADHD and their effects on school, home, and peer relationships / the different types of ADHD / nine indicators that predict the future of children with ADHD / the latest information on medication and treatments / counseling, school interventions, behavior management, and social skills training / information about adult ADHD



WHEN MOMS AND KIDS HAVE ADD

“How am I supposed to help my kids when I can't manage my own ADD?” Unlike many other parenting books, *When Moms and Kids Have ADD* recognizes that ADD is a family affair. Rather than offering parenting advice that may be highly unrealistic, this book starts by addressing a mother's needs, helping her to understand the importance of getting help for herself before she can succeed in helping her kids.

For more information contact an organization in Europe <https://adhdeurope.eu/about/members/>

