

ADHD and Women's Health Survey

In clinical practice, it is seen that ADHD & related problems might manifest differently in women than in men. To date, little scientific research has been done into the experiences & health of women with ADHD. For whom? Adult women with ADHD

What? An international survey about your experiences & health. **Why?** To help improve understanding about ADHD in women worldwide. **Participation:** Adults (>18yr) who identify as women and have an official ADHD diagnosis OR think they might have ADHD (self-diagnosis) are invited to participate in this survey .



Start the survey now! It takes about 25 minutes PER SECTION.

You can save your progress to complete within 1 week & continue where you left off!

www.psyq.nl/survey-women-adhd/english



Exploring the links between ADHD & health conditions to identify barriers to diagnosis, better support interventions plus a better Quality of Life 4 all. The **survey collects experiences** of 1000s of women about their current health to help our **further research** as we would like **better health outcomes**. Contribute to novel research & have experiences heard by scientists, health professionals to meet our GOALS



Working together to improve care for women

Women with ADHD often suffer from hormonal mood swings/depression or cardiac issues, or all of them. This means treatment by three different specialists, yet each of them will see just one part of the actual problem. Consequently, many women end up on as many as three long waiting lists. This needs to be tackled better and faster.

PSYQ

www.psyq.nl



**ADHD & Girls
Women Project**



www.adhd-women.eu

www.adhdeurope.eu



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DIVA
Foundation

*diagnostic interview
for ADHD*

www.divacenter.eu



Head
Hearth
Hormones

www.h3-netwerk.nl

